



# 20 Ingredients

Pick up these 20 ingredients for a workweek full of meals.

- AVOCADOS** (6)
- BUTTERHEAD LETTUCE**  
(3 heads)
- CHERRY TOMATOES**  
(3 [10.5-oz] pints)
- FRESH BASIL**  
(3 [0.8-oz.] containers)
- FRESH SALMON FILLETS**  
(8 4-oz.)
- HY-VEE BONELESS SKINLESS CHICKEN BREASTS** (6)
- HY-VEE CHOICE RESERVE NEW YORK STRIP STEAKS**  
(8 [8-oz.], 1 in. thick)
- HY-VEE FROZEN WHITE BREAD DOUGH**  
(1 [5-ct.] pkg.)
- HY-VEE FROZEN UNSWEETENED TROPICAL FRUIT BLEND**  
(1 [48-oz.] pkg.)
- HY-VEE FRUIT & NUT GRANOLA**  
(1 [11-oz.] box)
- HY-VEE PLAIN GREEK YOGURT**  
(1 [32-oz.] tub)
- HY-VEE THAI PEANUT SAUCE**  
(1 [11.8-oz.] bottle)
- HY-VEE SKIN ON, BONE IN CHICKEN THIGHS** (8)
- ITALIAN PARSLEY**  
(1 bunch)
- JALAPEÑO PEPPER** (1)
- LEMONS** (5)
- MIXED SALAD GREENS**  
(3 [5-oz.] pkg.)
- RED ONIONS** (6)
- SOIRÉE FRESH MOZZARELLA CHEESE**  
(2 [16 oz.] logs)
- ZUCCHINI**  
(9 medium)



# Pantry Staples

Use these items you might already have.

- GARLIC** fresh or jarred
- GUSTARE VITA OLIVE OIL**
- HY-VEE 2% REDUCED-FAT MILK**
- HY-VEE ALL-PURPOSE FLOUR**
- HY-VEE BAKING POWDER**
- HY-VEE BAKING SODA**
- GUSTARE VITA BALSAMIC VINEGAR**
- HY-VEE BLACK PEPPER**
- HY-VEE BROWN SUGAR**
- HY-VEE CRUSHED RED PEPPER**
- HY-VEE DIJON MUSTARD**
- HY-VEE EGGS**
- HY-VEE DRIED DILL**
- HY-VEE DRIED THYME**
- HY-VEE GROUND CINNAMON**
- HY-VEE HONEY**
- HY-VEE LARGE EGGS**
- HY-VEE MAYONNAISE**
- HY-VEE NONSTICK COOKING SPRAY**
- HY-VEE SALT**
- HY-VEE PANKO BREAD CRUMBS**
- HY-VEE BLACK PEPPER**
- HY-VEE UNSALTED BUTTER**
- HY-VEE VANILLA EXTRACT**
- HY-VEE VEGETABLE OIL**
- HY-VEE VEGETABLE STOCK**
- HY-VEE LONG-GRAIN WHITE RICE**
- HY-VEE WHITE DISTILLED VINEGAR**